NATUROPATHY CERTIFICATION

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HAS SUCCESSFULLY COMPLETED NATUROPATHY CERTIFICATION

Course Content

Module 1: HOLISTIC APPROACH TO HEALTH

Module 2: RELATIONSHIPS BETWEEN BODY, MIND AND EMOTIONS

Module3: SOCIAL RELATIONS & ASSOCIATIONS WITH THE MUSCULO SKELETAL, IMMUNE, BLOOD AND SKIN SYSTEMS

Module 4: SELF-ESTEEM, MONEY/ LOVE BALANCE

Module 5: PERSONAL DESIRES AND COMMUNICATION

Module 6: OPEN-MINDEDNESS, SPIRITUALITY, ENERGY AND RELATIONSHIPS

Module 7: NUTRITION USING THE HOLISTIC APPROACH

Module 8: HEALTH FOODS AND SUPPLEMENTS

Module 9: DETOXIFICATION, MEDICINAL PLANTS, AND AROMATHERAPY

Module 10: TREATING STRESS, IMPROVING SLEEP, STIMULATING THE BRAIN, AND MAINTAINING A HEALTHY WEIGHT

Module 11: FATIGUE, IMMUNITY, CHRONIC PAIN, SKIN DISEASES, DIGESTIVE PROBLEMS, AND ASTHMA

Module 12: MASSAGE, REFLEXOLOGY, LITHOTHERAPY, RELAXATION, AND MEDITATION

Module 13: BACH FLOWERS, GEMMOTHERAPY, AND HYDROTHERAPY

Module 14: IRIDOLOGY, LIGHT THERAPY, HELIOTHERAPY AND CHROMOTHERAPY

Module 15: PRACTICAL GUIDE TO NATUROPATHY

Date: ***16 June, 2024***